

# JOYFUL GIVING

SPRING/SUMMER 2026



**Advancing Culturally  
Connected Care**

**Richmond  
Hospital  
Foundation**  
列治文醫院基金會  
**Joyful Giving. Joyful Living.**

# Patient Comfort and Healing Through Food

From cod and ginger congee to classic ma po tofu, Richmond Hospital's new additions to the in-patient menu offer more than nutrition, they provide the comforting flavours of home for many.

Acknowledging the cultural backgrounds of many of its patients, Richmond Hospital has collaborated with locally renowned Chefs Will Lew and Sharon Chan to incorporate dishes that are both culturally authentic and environmentally conscious, supporting healing through an initiative made possible by generous donor support.



*Chef Will Lew and Chef Sharon Chan*

Chef Lew brings extensive experience from Fairmont and Ocean Wise, while Chef Chan lends her rich cultural expertise and passion, together elevating the patient care experience with culturally sensitive and nourishing cuisine that promotes healing and comfort.

“We want to offer patients food that brings them comfort and thoughtful care,” explains Chef Chan. “I think about my own family and how I want them to feel. Food, to me, is an expression of love, and love is essential for healing.”

This special menu project honours both patients' cultural tastes and supports healthier eating patterns that are good for both people and planet.

Sustainability, along with cultural sensitivity and dietary requirements, is a core component of the project. The menu features more plant-based proteins that reduce food-related greenhouse gas emissions, while still providing recipes that work for a range of dietary needs, including diabetes and texture-modified diets such as minced or pureed options.

Since the project began in late summer 2025, over 100 recipe ideas have been vetted and 23 recipes thoroughly tested. This included working closely with dietitians, patient groups, and the Richmond food services team to ensure nutritional quality and operational practicality, while maintaining cultural authenticity.

“This was a complex, collaborative effort across different expert teams with the ultimate goal of helping nourish and heal more patients through food,” says Chef Lew. “Both Sharon and I are so honoured and proud to merge our passions in a way that delivers such meaningful benefits to patients and their families.”

The first dish was introduced this February to all patients at Richmond Hospital. Beyond in-patient care, these culinary offerings will also be available in Richmond Hospital’s cafeteria, extending access to a menu that has been prepared with care.



*Chicken and mushroom congee*

**Q: Why is ginger culturally significant and beneficial for health?**

**A:** Ginger, native to Southeast Asia, is known for its healing properties such as anti-inflammatory and antioxidant effects, and is culturally valued in Chinese and Indian cuisines for balancing energy, while aiding digestion and supporting immune health.



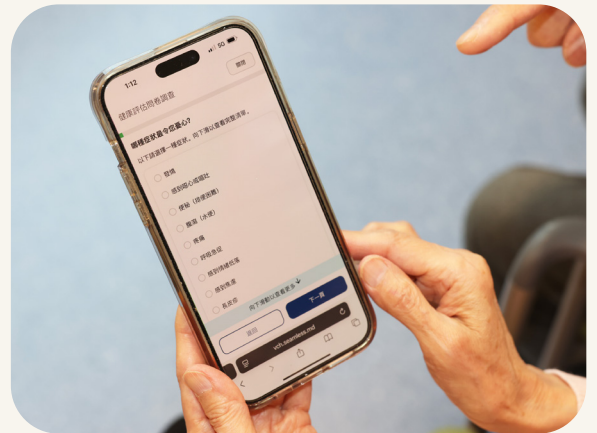
Scan QR to learn more

# The Yeungs from Receiving Care to Giving Back

With the help of an innovative tool developed by the Richmond Cancer Care Clinic team, made possible by donors, Fiona Yeung discovered support and care throughout her chemotherapy treatment that exceeded her expectations.

When Fiona was diagnosed with stage four lung cancer and began chemotherapy last year, it brought back memories for her husband, Thomas, of his own experience a decade earlier. His heart was heavy with concern, knowing she would face the same unpredictable and daunting side effects of chemotherapy treatment.

Upon consultation with her oncologist, Dr. Jeremy Ho, Fiona was introduced to a tool he and the Richmond Cancer Care Clinic team developed: RESPONSe. It's a mobile application designed to support chemotherapy patients by making it easy to record symptoms, access personalised advice, and manage any uncertainties during the treatment journey. Through the generosity of Foundation donors, the app is also available in Chinese, providing patients like Fiona the added comfort and reassurance of navigating their health journey in their preferred language.



RESPONSe App



Dr. Jeremy Ho, Oncologist at Richmond Hospital with Thomas and Fiona Yeung

The app helps the medical team monitor a patient's journey in real time, prompting immediate intervention if severe symptoms develop. For Fiona, nutritional guidance helped her regain her appetite and build strength, giving her the confidence she needed to undertake treatment.

"With the help of the RESPONSe app, I feel equipped to better manage my side effects," says Fiona. "I'm so lucky to have a team of medical experts at my fingertips. Dr. Ho, the Richmond Cancer Care Team, and the RESPONSe app have helped me feel reassured every step of the way and brought Thomas and I much comfort and peace of mind."

Fiona's lung tumour has now shrunk, liver tumour is nearly gone, and brain tumour has completely vanished. Grateful for the exceptional support and renewed hope and strength, Fiona and Thomas felt compelled to give back to Richmond health care.

Inspired by the technological enhancement and elevated level of care that made all the difference in Fiona's healing journey, the couple decided to make a donation towards the new acute care tower at Richmond Hospital, the Yurkovich Family Pavilion, and leave a legacy gift that will ensure future patients benefit from the same innovative and compassionate care.

"Over the past decade, both Thomas and I have experienced care that helped pick us back up during some of our lowest times," adds Fiona. "So now, Thomas and I want to help support the same care and help bring hope to other individuals and families, just as others did for us when we needed it."

"While we may not be wealthy, we feel fortunate to lead a secure life after retirement, surrounded by our children and grandchildren, which makes us feel rich at heart," shares Thomas. "Health and happiness are life's greatest treasures. Contributing to help spread joy to those around us and beyond is incredibly fulfilling. We want to do our part to help support other families and strengthen our community, leaving a lasting impact even after we're gone."



Thomas and Fiona Yeung

**Q: What is the difference between making a legacy gift and making a current gift?**

**A:** A legacy gift, made through your will or estate plan, allows you to support a cause that reflects your values without affecting your current lifestyle, often providing significant tax advantages for your estate.

Contact Endora Fan to learn more  
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# Looking Forward

This past November, thanks to the generosity of donors and their families, \$2.3 million was raised for the future Greczmiel Family Surgical Centre in the new Yurkovich Family Pavilion. A significant milestone in the POWER UP Campaign, this philanthropic leadership from our donor community will ensure all 11 operating rooms are ready for use when the new acute care tower opens, providing better access to surgical care for patients in Richmond when they need it most.

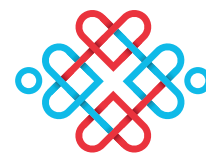
The scheduled demolition of the hospital parkade in Spring 2026 marks a step prior to preparing the site and commencing construction of the Yurkovich Family Pavilion. The parkade demolition will create space for an optimized layout of the new acute care tower.

As we look forward, the Yurkovich Family Pavilion will enhance access, efficiency, and patient care, elevating health care for patients and families in Richmond.



*Surgeons demonstrating future-forward surgical equipment*

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